



# POLAR PLUNGE®

## 9th Annual Town of Brookhaven Polar Plunge

Saturday, November 17, 2018  
Cedar Beach - Mount Sinai

Check-in 9:00 - 11:30am  
PLUNGE at Noon

Last year over **900** Plungers braved the chilly waters while hundreds of spectators watched on. Help raise money for the athletes of Special Olympics New York by asking your friends, family, co-workers, etc. to support you in taking the PLUNGE! **Every Plunger that raises \$150 receives an official Plunge sweatshirt.....** raise more money and receive more great prizes! Whether you plunge or support a Plunger, come join us on November 17<sup>th</sup>!

### How do I get started?

Log onto [www.polarplungeNY.org/Brookhaven](http://www.polarplungeNY.org/Brookhaven) where you can start a team, join a team or join as an individual. Set up your Personal Plunge Page and you are on your way to "Freezin' for a Reason!"

### Did you know?

Special Olympics New York has **66,835 athletes & unified partners** training and competing year-round in 22 Olympics-style sports. Our athletes and their families or caregivers are **NEVER CHARGED** to participate!



**Sign up today!!** [www.polarplungeNY.org/Brookhaven](http://www.polarplungeNY.org/Brookhaven)

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