

We will be "Freezin' for a Reason" at the 7th Annual Town of Brookhaven Polar Plunge



**Special
Olympics**
New York

Saturday, November 19, 2016

Cedar Beach - Mount Sinai

Check-in between 9:00 - 11:30 am

PLUNGE at Noon



Last year over **1,000** Plungers braved the chilly waters while hundreds of spectators watched on. Help raise money for the athletes of Special Olympics New York by asking your friends, family, co-workers, etc. to support you in taking the PLUNGE!

Every Plunger that raises \$150 receives an official Plunge sweatshirt.....

raise more money and receive more great prizes!

Whether you plunge or support a Plunger, come join us on November 19th!

**TOO CHICKEN TO PLUNGE?
JOIN THE CHICKEN COOP!**



How do I get started?

Log onto www.polarplungeNY.org/Brookhaven and click the **Register Here** button.

You can start a team, join a team or join as an individual.

Set up your Personal Plunge Page and you are on your way to "Freezin' for a Reason!"

Check out the site or Facebook page for more great information about team building and fundraising ideas!



Did you know?

Special Olympics New York has **67,162 athletes** training and competing year-round in 22 Olympics-style sports.

Our athletes and their families or caregivers are **NEVER CHARGED** to participate!

Set your Plunge goal at \$400 and you have sponsored an athlete for an entire season!



Sign up today!

www.polarplungeNY.org/Brookhaven

[facebook.com/SONYpolarplungebrookhaven](https://www.facebook.com/SONYpolarplungebrookhaven)

Contact Information: Jennifer Cantone at jcantone@nyso.org or 631.254.1465 ext. 4204

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